

| DISCIPLINE | DISTANCE | AGE   |     | SEX         | LAST NAME | FIRST NAME | Date       | Date  | PERF |
|------------|----------|-------|-----|-------------|-----------|------------|------------|-------|------|
|            |          | GROUP | SEX |             |           |            |            |       |      |
| Run        | 100      | OP    | M   | Mckenna     | Matt      | Ballarat   | 17/10/2009 | 11.50 |      |
| Run        | 100      | OP    | M   | Wiggins     | Leighton  | Ballarat   | 30/01/2010 | 12.00 |      |
| Run        | 100      | OP    | M   | Gibb        | Samuel    | Ballarat   | 5/12/2009  | 12.10 |      |
| Run        | 100      | U20   | M   | Green       | Aaron     | Ballarat   | 21/11/2009 | 12.10 |      |
| Run        | 100      | U18   | M   | Green       | Brandon   | Ballarat   | 31/10/2009 | 12.14 |      |
| Run        | 100      | U20   | M   | Davis       | Alexander | Ballarat   | 31/10/2009 | 12.22 |      |
| Run        | 100      | U20   | M   | Rogers      | Ashley    | Ballarat   | 31/10/2009 | 12.22 |      |
| Run        | 100      | OP    | M   | Grigg       | David     | Ballarat   | 9/01/2010  | 12.33 |      |
| Run        | 100      | OP    | M   | Lynch       | David     | Ballarat   | 30/01/2010 | 12.72 |      |
| Run        | 100      | U18   | M   | Reed Rogers | Mitchell  | Ballarat   | 21/11/2009 | 12.72 |      |
| Run        | 100      | U18   | M   | Reed Rogers | Patrick   | Ballarat   | 17/10/2009 | 13.26 |      |
| Run        | 100      | U18   | M   | Blood       | Patrick   | Ballarat   | 17/10/2009 | 13.31 |      |
| Run        | 100      | U16   | M   | Darby       | Joshua    | Ballarat   | 21/11/2009 | 13.43 |      |
| Run        | 100      | U18   | M   | Hannon      | Samuel    | Ballarat   | 17/10/2009 | 13.43 |      |
| Run        | 100      | U18   | M   | Blood       | Matthew   | Ballarat   | 21/11/2009 | 13.61 |      |
| Run        | 100      | OP    | M   | Burnett     | Nicholas  | Ballarat   | 21/11/2009 | 13.76 |      |
| Run        | 100      | U14   | M   | Hayes       | Jackson   | Ballarat   | 17/10/2009 | 14.36 |      |
| Run        | 100      | U14   | M   | Powell      | Coby      | Ballarat   | 17/10/2009 | 15.11 |      |
| Run        | 100      | U14   | M   | Blood       | Jason     | Ballarat   | 9/01/2010  | 15.48 |      |
| Run        | 100      | U16   | M   | Hayes       | Jayden    | Ballarat   | 17/10/2009 | 15.48 |      |
| Run        | 100      | U14   | M   | Anderson    | Cameron   | Ballarat   | 21/11/2009 | 15.53 |      |
| Run        | 100      | U16   | M   | Farrow      | Lincoln   | Ballarat   | 17/10/2009 | 18.07 |      |

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|            |          | GROUP | SEX |             |           |            |            |       |      |
| Run        | 100      | OP    | F   | BYRON       | SARAH     | Ballarat   | 31/10/2009 | 12.72 |      |
| Run        | 100      | U16   | F   | Howard      | Jessica   | Ballarat   | 9/01/2010  | 14.07 |      |
| Run        | 100      | U16   | F   | Prendergast | Sarah     | Ballarat   | 21/11/2009 | 14.45 |      |
| Run        | 100      | U14   | F   | Prendergast | Chloe     | Ballarat   | 30/01/2010 | 14.56 |      |
| Run        | 100      | U18   | F   | Meehan      | Lyra      | Ballarat   | 21/11/2009 | 14.57 |      |
| Run        | 100      | U16   | F   | Tucker      | Sara      | Ballarat   | 21/11/2009 | 14.63 |      |
| Run        | 100      | OP    | F   | Mills       | Carly     | Ballarat   | 21/11/2009 | 14.64 |      |
| Run        | 100      | U14   | F   | Lewis       | Britt     | Ballarat   | 21/11/2009 | 15.00 |      |
| Run        | 100      | U14   | F   | Davies      | Catherine | Ballarat   | 31/10/2009 | 15.15 |      |
| Run        | 100      | U14   | F   | Wood        | Louise    | Ballarat   | 30/01/2010 | 15.16 |      |
| Run        | 100      | U16   | F   | Stimpson    | Rose      | Ballarat   | 31/10/2009 | 15.29 |      |
| Run        | 100      | U18   | F   | Wood        | Rebecca   | Ballarat   | 30/01/2010 | 15.35 |      |
| Run        | 100      | U20   | F   | Howard      | Samantha  | Ballarat   | 9/01/2010  | 15.53 |      |
| Run        | 100      | U14   | F   | Orr         | Anika     | Ballarat   | 9/01/2010  | 15.55 |      |
| Run        | 100      | U16   | F   | Holloway    | Alanah    | Ballarat   | 5/12/2009  | 16.21 |      |
| Run        | 100      | U18   | F   | Holloway    | Stephanie | Ballarat   | 5/12/2009  | 16.27 |      |
| Run        | 100      | U14   | F   | Tallent     | Ebony     | Ballarat   | 9/01/2010  | 17.35 |      |
| Run        | 100      | U18   | F   | Ryan        | Georgina  | Ballarat   | 5/12/2009  | 17.79 |      |

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|            |          | GROUP | SEX |             |             |            |            |          |      |
| Run        | 200      | U20   | M   | Wiggins     | Leighton    | Ballarat   | 12/12/2009 | 23.49    |      |
| Run        | 200      | U18   | M   | Davis       | Alexander   | Ballarat   | 28/11/2009 | 24.56    |      |
| Run        | 200      | U18   | M   | Green       | Aaron       | Ballarat   | 14/11/2009 | 24.61    |      |
| Run        | 200      | OP    | M   | Grigg       | David       | Ballarat   | 12/12/2009 | 24.70    |      |
| Run        | 200      | OP    | M   | Gibb        | Samuel      | Ballarat   | 12/12/2009 | 24.95    |      |
| Run        | 200      | OP    | M   | Mckenna     | Matt        | Ballarat   | 16/01/2010 | 25.13    |      |
| Run        | 200      | U20   | M   | Rogers      | Ashley      | Ballarat   | 24/10/2009 | 25.64    |      |
| Run        | 200      | U18   | M   | Reed Rogers | Mitchell    | Ballarat   | 16/01/2010 | 25.85    |      |
| Run        | 200      | U18   | M   | Reed Rogers | Patrick     | Ballarat   | 12/12/2009 | 25.92    |      |
| Run        | 200      | U16   | M   | Darby       | Joshua      | Ballarat   | 12/12/2009 | 27.14    |      |
| Run        | 200      | U18   | M   | Blood       | Matthew     | Ballarat   | 14/11/2009 | 27.64    |      |
| Run        | 200      | OP    | M   | Burnett     | Nicholas    | Ballarat   | 12/12/2009 | 28.64    |      |
| Run        | 200      | U14   | M   | Hayes       | Jackson     | Ballarat   | 24/10/2009 | 30.00    |      |
| Run        | 200      | OP    | M   | De Winter   | Christopher | Ballarat   | 24/10/2009 | 30.42    |      |
| Run        | 200      | 40+   | M   | Biggin      | Daryl       | Ballarat   | 14/11/2009 | 31.39    |      |
| Run        | 200      | U14   | M   | Powell      | Coby        | Ballarat   | 10/10/2009 | 31.53    |      |
| Run        | 200      | U14   | M   | Anderson    | Cameron     | Ballarat   | 10/10/2009 | 31.77    |      |
| Run        | 200      | U14   | M   | Stowe       | Jack        | Ballarat   | 10/10/2009 | 31.83    |      |
| Run        | 200      | 40+   | M   | Prendergast | Maurice     | Ballarat   | 12/12/2009 | 32.21    |      |
| Run        | 200      | U14   | M   | Blood       | Jason       | Ballarat   | 12/12/2009 | 34.93    |      |
| Run        | 200      | U16   | M   | Aitken      | Jack        | Ballarat   | 12/12/2009 | 35.58    |      |
| Run        | 200      | 40+   | M   | Jones       | Robert      | Ballarat   | 24/10/2009 | 01:01.42 |      |

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|            |          | GROUP | SEX |             |            |           |            |       |      |
| Run        | 200      | OP    | F   | Byron       | Sarah      | Ballarat  | 16/01/2010 | 26.38 |      |
| Run        | 200      | U18   | F   | Meehan      | Lyra       | Ballarat  | 14/11/2009 | 27.91 |      |
| Run        | 200      | U16   | F   | Kawa        | Emily      | Ballarat  | 12/12/2009 | 29.30 |      |
| Run        | 200      | U16   | F   | Prendergast | Sarah      | Ballarat  | 12/12/2009 | 30.18 |      |
| Run        | 200      | U18   | F   | Wood        | Rebecca    | Ballarat  | 12/12/2009 | 30.72 |      |
| Run        | 200      | U16   | F   | Tucker      | Sara       | Ballarat  | 12/12/2009 | 30.78 |      |
| Run        | 200      | U14   | F   | Orr         | Anika      | Ballarat  | 12/12/2009 | 31.38 |      |
| Run        | 200      | OP    | F   | Mills       | Carly      | Ballarat  | 10/10/2009 | 31.52 |      |
| Run        | 200      | U14   | F   | Prendergast | Chloe      | Ballarat  | 10/10/2009 | 31.61 |      |
| Run        | 200      | U18   | F   | Tallent     | Rachel     | Ballarat  | 12/12/2009 | 31.70 |      |
| Run        | 200      | U14   | F   | Lewis       | Britt      | Ballarat  | 28/11/2009 | 31.84 |      |
| Run        | 200      | U14   | F   | Wood        | Louise     | Ballarat  | 12/12/2009 | 31.95 |      |
| Run        | 200      | U16   | F   | Howard      | Jessica    | Ballarat  | 10/10/2009 | 32.25 |      |
| Run        | 200      | U14   | F   | Davies      | Catherine  | Ballarat  | 10/10/2009 | 32.45 |      |
| Run        | 200      | U16   | F   | Holloway    | Stephanie  | Ballarat  | 24/10/2009 | 32.58 |      |
| Run        | 200      | U14   | F   | Holloway    | Alanah     | Ballarat  | 10/10/2009 | 33.31 |      |
| Run        | 200      | U14   | F   | Tallent     | Ebony      | Ballarat  | 28/11/2009 | 33.45 |      |
| Run        | 200      | U16   | F   | Stimpson    | Rose       | Ballarat  | 24/10/2009 | 33.91 |      |
| Run        | 200      | U14   | F   | Mirabella   | Jemma      | Ballarat  | 12/12/2009 | 33.99 |      |
| Run        | 200      | U14   | F   | Thomas      | Maddison   | Ballarat  | 12/12/2009 | 34.15 |      |
| Run        | 200      | U14   | F   | Kawa        | Maddy      | Ballarat  | 10/10/2009 | 35.70 |      |
| Run        | 200      | U16   | F   | Ryan        | Georgina   | Ballarat  | 12/12/2009 | 38.27 |      |

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|            |          | GROUP | SEX |             |           |            |        |            |          |
| Run        | 400      | U18   | M   | Green       | Aaron     | Ballarat   |        | 9/01/2010  | 52.83    |
| Run        | 400      | OP    | M   | Gibb        | Samuel    | Ballarat   |        | 9/01/2010  | 53.52    |
| Run        | 400      | OP    | M   | Grigg       | David     | Ballarat   |        | 9/01/2010  | 53.85    |
| Run        | 400      | U18   | M   | Davis       | Alexander | Ballarat   |        | 17/10/2009 | 54.43    |
| Run        | 400      | U16   | M   | Reed Rogers | Patrick   | Ballarat   |        | 21/11/2009 | 57.05    |
| Run        | 400      | U20   | M   | Howard      | Alexander | Ballarat   |        | 17/10/2009 | 57.52    |
| Run        | 400      | U16   | M   | Reed Rogers | Mitchell  | Ballarat   |        | 17/10/2009 | 58.61    |
| Run        | 400      | U20   | M   | Rogers      | Ashley    | Ballarat   |        | 17/10/2009 | 59.54    |
| Run        | 400      | OP    | M   | Fenn        | Paul      | Ballarat   |        | 21/11/2009 | 01:00.13 |
| Run        | 400      | OP    | M   | Burnett     | Nicholas  | Ballarat   |        | 31/10/2009 | 01:02.72 |
| Run        | 400      | U16   | M   | Blood       | Patrick   | Ballarat   |        | 17/10/2009 | 01:03.64 |
| Run        | 400      | U14   | M   | Hayes       | Jackson   | Ballarat   |        | 30/01/2010 | 01:06.82 |
| Run        | 400      | U16   | M   | Darby       | Joshua    | Ballarat   |        | 17/10/2009 | 01:08.54 |
| Run        | 400      | U14   | M   | Powell      | Coby      | Ballarat   |        | 17/10/2009 | 01:15.10 |
| Run        | 400      | U14   | M   | Anderson    | Cameron   | Ballarat   |        | 5/12/2009  | 01:18.20 |

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|            |          | GROUP | SEX |             |            |           |        |            |          |
| Run        | 400      | U20   | F   | Byron       | Sarah      | Ballarat  |        | 31/10/2009 | 58.09    |
| Run        | 400      | U16   | F   | Kawa        | Emily      | Ballarat  |        | 21/11/2009 | 01:06.50 |
| Run        | 400      | U18   | F   | Meehan      | Lyra       | Ballarat  |        | 9/01/2010  | 01:08.97 |
| Run        | 400      | U16   | F   | Prendergast | Sarah      | Ballarat  |        | 5/12/2009  | 01:10.24 |
| Run        | 400      | U14   | F   | Orr         | Anika      | Ballarat  |        | 5/12/2009  | 01:11.64 |
| Run        | 400      | U16   | F   | Holloway    | Stephanie  | Ballarat  |        | 17/10/2009 | 01:12.41 |
| Run        | 400      | U16   | F   | Tucker      | Sara       | Ballarat  |        | 5/12/2009  | 01:12.84 |
| Run        | 400      | U14   | F   | Lewis       | Britt      | Ballarat  |        | 5/12/2009  | 01:13.34 |
| Run        | 400      | U14   | F   | Prendergast | Chloe      | Ballarat  |        | 17/10/2009 | 01:14.40 |
| Run        | 400      | U14   | F   | Holloway    | Alanah     | Ballarat  |        | 21/11/2009 | 01:15.24 |
| Run        | 400      | U18   | F   | Howard      | Samantha   | Ballarat  |        | 5/12/2009  | 01:20.14 |
| Run        | 400      | U14   | F   | Davies      | Catherine  | Ballarat  |        | 5/12/2009  | 01:25.44 |
| Run        | 400      | U14   | F   | Kawa        | Maddy      | Ballarat  |        | 31/10/2009 | 01:29.60 |

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|            |          | GROUP | SEX |               |             |            |        |            |          |
| Run        | 800      | U18   | M   | Green         | Aaron       | Ballarat   |        | 10/10/2009 | 01:59.09 |
| Run        | 800      | U18   | M   | Davis         | Alexander   | Doncaster  |        | 4/11/2010  | 01:57.90 |
| Run        | 800      | OP    | M   | Gibb          | Samuel      | Ballarat   |        | 12/12/2009 | 02:05.23 |
| Run        | 800      | OP    | M   | Grigg         | David       | Ballarat   |        | 16/01/2010 | 02:05.45 |
| Run        | 800      | U20   | M   | Rogers        | Ashley      | Ballarat   |        | 16/01/2010 | 02:05.83 |
| Run        | 800      | U16   | M   | Reed Rogers   | Patrick     | Ballarat   |        | 12/12/2009 | 02:09.09 |
| Run        | 800      | OP    | M   | Van Raaphorst | Nicholas    | Ballarat   |        | 14/11/2009 | 02:11.80 |
| Run        | 800      | U18   | M   | Reed Rogers   | Mitchell    | Ballarat   |        | 24/10/2009 | 02:12.10 |
| Run        | 800      | 40+   | M   | Lockyer       | Brian       | Ballarat   |        | 10/10/2009 | 02:14.50 |
| Run        | 800      | U18   | M   | Blood         | Matthew     | Ballarat   |        | 16/01/2010 | 02:14.83 |
| Run        | 800      | U18   | M   | Darby         | Joshua      | Ballarat   |        | 24/10/2009 | 02:20.27 |
| Run        | 800      | U14   | M   | Hayes         | Jackson     | Ballarat   |        | 24/10/2009 | 02:22.23 |
| Run        | 800      | OP    | M   | Burnett       | Nicholas    | Ballarat   |        | 12/12/2009 | 02:23.94 |
| Run        | 800      | OP    | M   | Blunden       | Luke        | Ballarat   |        | 14/11/2009 | 02:30.43 |
| Run        | 800      | OP    | M   | De Winter     | Christopher | Ballarat   |        | 24/10/2009 | 02:49.55 |
| Run        | 800      | U14   | M   | Anderson      | Cameron     | Ballarat   |        | 10/10/2009 | 02:52.90 |
| Run        | 800      | U14   | M   | Powell        | Coby        | Ballarat   |        | 10/10/2009 | 03:00.00 |
| Run        | 800      | OP    | M   | Fahy          | Benjamin    | Ballarat   |        | 14/11/2009 | 03:08.78 |
| Run        | 800      | OP    | M   | Pierce        | Michael     | Ballarat   |        | 14/11/2009 | 03:09.09 |
| Run        | 800      | U16   | M   | Blood         | Jason       | Ballarat   |        | 24/10/2009 | 03:15.90 |
| Run        | 800      | 40+   | M   | Jones         | Robert      | Ballarat   |        | 24/10/2009 | 03:19.81 |

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|            |          | GROUP | SEX |             |            |           |        |            |          |
| Run        | 800      | U20   | F   | Byron       | Sarah      | Ballarat  |        | 16/01/2010 | 02:19.50 |
| Run        | 800      | U18   | F   | Meehan      | Lyra       | Ballarat  |        | 28/11/2009 | 02:20.53 |
| Run        | 800      | U18   | F   | Wood        | Rebecca    | Ballarat  |        | 12/12/2009 | 02:27.88 |
| Run        | 800      | U16   | F   | Tucker      | Sara       | Ballarat  |        | 12/12/2009 | 02:29.99 |
| Run        | 800      | U14   | F   | Wood        | Louise     | Ballarat  |        | 12/12/2009 | 02:30.83 |
| Run        | 800      | U16   | F   | Prendergast | Sarah      | Ballarat  |        | 16/01/2010 | 02:37.01 |
| Run        | 800      | U16   | F   | Holloway    | Stephanie  | Ballarat  |        | 24/10/2009 | 02:37.63 |
| Run        | 800      | U16   | F   | Howard      | Jessica    | Ballarat  |        | 24/10/2009 | 02:39.72 |
| Run        | 800      | U14   | F   | Stimpson    | Rose       | Ballarat  |        | 24/10/2009 | 02:43.92 |
| Run        | 800      | U14   | F   | Orr         | Anika      | Ballarat  |        | 14/11/2009 | 02:47.42 |
| Run        | 800      | U16   | F   | Kawa        | Emily      | Ballarat  |        | 12/12/2009 | 02:47.44 |
| Run        | 800      | U18   | F   | Howard      | Samantha   | Ballarat  |        | 16/01/2010 | 02:54.60 |
| Run        | 800      | U18   | F   | Ryan        | Georgina   | Ballarat  |        | 10/10/2009 | 02:55.40 |
| Run        | 800      | U14   | F   | Prendergast | Chloe      | Ballarat  |        | 16/01/2010 | 02:55.75 |
| Run        | 800      | U14   | F   | Lewis       | Britt      | Ballarat  |        | 10/10/2009 | 02:55.90 |
| Run        | 800      | U14   | F   | Holloway    | Alanah     | Ballarat  |        | 12/12/2009 | 03:00.58 |
| Run        | 800      | U14   | F   | Thomas      | Maddison   | Ballarat  |        | 24/10/2009 | 03:02.24 |
| Run        | 800      | U18   | F   | Warren      | Sally      | Ballarat  |        | 10/10/2009 | 03:03.20 |
| Run        | 800      | U14   | F   | Davies      | Catherine  | Ballarat  |        | 24/10/2009 | 03:25.77 |
| Run        | 800      | U14   | F   | Kawa        | Maddy      | Ballarat  |        | 10/10/2009 | 03:37.90 |
| Run        | 800      | U14   | F   | Hayes       | Alannah    | Ballarat  |        | 10/10/2009 | 03:38.20 |

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|            |          | GROUP | SEX |               |           |            |        |            |          |
| Run        | 1500     | U18   | M   | Green         | Aaron     | Doncaster  |        | 4/11/2010  | 03:57.20 |
| Run        | 1500     | U18   | M   | Davis         | Alexander | Box Hill   |        | 30/01/2010 | 04:06.50 |
| Run        | 1500     | OP    | M   | Tournier      | Simon     | Ballarat   |        | 21/11/2009 | 04:19.37 |
| Run        | 1500     | U20   | M   | Huggett       | Jamie     | Ballarat   |        | 17/10/2009 | 04:19.62 |
| Run        | 1500     | OP    | M   | Van Raaphorst | Nicholas  | Ballarat   |        | 30/01/2010 | 04:20.10 |
| Run        | 1500     | OP    | M   | Beechey       | Chris     | Ballarat   |        | 17/10/2009 | 04:22.43 |
| Run        | 1500     | OP    | M   | Grigg         | David     | Ballarat   |        | 30/01/2010 | 04:23.00 |
| Run        | 1500     | U18   | M   | Reed Rogers   | Patrick   | Ballarat   |        | 5/12/2009  | 04:27.15 |
| Run        | 1500     | OP    | M   | Pierce        | Michael   | Ballarat   |        | 31/10/2009 | 04:28.10 |
| Run        | 1500     | U20   | M   | Rogers        | Ashley    | Ballarat   |        | 31/10/2009 | 04:28.50 |
| Run        | 1500     | U20   | M   | Howard        | Alexander | Ballarat   |        | 17/10/2009 | 04:29.62 |
| Run        | 1500     | U20   | M   | Mcintyre      | Peter     | Ballarat   |        | 17/10/2009 | 04:29.87 |
| Run        | 1500     | OP    | M   | Gibb          | Samuel    | Ballarat   |        | 9/01/2010  | 04:32.70 |
| Run        | 1500     | U16   | M   | Aitken        | Jack      | Ballarat   |        | 21/11/2009 | 04:39.01 |
| Run        | 1500     | U18   | M   | Reed Rogers   | Mitchell  | Ballarat   |        | 21/11/2009 | 04:44.02 |
| Run        | 1500     | OP    | M   | Cowan         | Russel    | Ballarat   |        | 31/10/2009 | 04:45.10 |
| Run        | 1500     | 40+   | M   | Aitken        | Wayne     | Ballarat   |        | 21/11/2009 | 04:50.27 |
| Run        | 1500     | U16   | M   | Huggett       | Ben       | Ballarat   |        | 17/10/2009 | 04:50.41 |
| Run        | 1500     | U18   | M   | Darby         | Joshua    | Ballarat   |        | 30/01/2010 | 04:52.30 |
| Run        | 1500     | U18   | M   | Blood         | Matthew   | Ballarat   |        | 21/11/2009 | 04:52.63 |
| Run        | 1500     | U14   | M   | Hayes         | Jackson   | Ballarat   |        | 31/10/2009 | 04:57.96 |
| Run        | 1500     | OP    | M   | Burnett       | Nicholas  | Ballarat   |        | 30/01/2010 | 05:06.70 |
| Run        | 1500     | OP    | M   | Blunden       | Luke      | Ballarat   |        | 21/11/2009 | 05:18.37 |
| Run        | 1500     | 40+   | M   | Hayes         | Paul      | Ballarat   |        | 5/12/2009  | 05:27.29 |
| Run        | 1500     | U14   | M   | Anderson      | Cameron   | Ballarat   |        | 17/10/2009 | 05:39.09 |
| Run        | 1500     | 40+   | M   | Jones         | Robert    | Ballarat   |        | 5/12/2009  | 05:50.06 |
| Run        | 1500     | U16   | M   | Farrow        | Lincoln   | Ballarat   |        | 17/10/2009 | 06:39.80 |

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| Run        | 1500     | U18   | F   | Meehan      | Lyra       | Ballarat  |        | 30/01/2010 | 04:43.70 |
| Run        | 1500     | U16   | F   | Tucker      | Sara       | Ballarat  |        | 5/12/2009  | 05:05.49 |
| Run        | 1500     | U16   | F   | Wood        | Louise     | Ballarat  |        | 21/11/2009 | 05:11.86 |
| Run        | 1500     | U14   | F   | Mirabella   | Jemma      | Ballarat  |        | 17/10/2009 | 05:14.34 |
| Run        | 1500     | U18   | F   | Wood        | Rebecca    | Ballarat  |        | 21/11/2009 | 05:18.16 |
| Run        | 1500     | U16   | F   | Stimpson    | Rose       | Ballarat  |        | 21/11/2009 | 05:37.02 |
| Run        | 1500     | U16   | F   | Prendergast | Sarah      | Ballarat  |        | 30/01/2010 | 05:43.50 |
| Run        | 1500     | U16   | F   | Howard      | Jessica    | Ballarat  |        | 17/10/2009 | 05:44.36 |
| Run        | 1500     | U14   | F   | Orr         | Anika      | Ballarat  |        | 5/12/2009  | 05:55.95 |
| Run        | 1500     | U16   | F   | Holloway    | Stephanie  | Ballarat  |        | 17/10/2009 | 05:56.79 |
| Run        | 1500     | U16   | F   | Ryan        | Georgina   | Ballarat  |        | 31/10/2009 | 05:59.20 |
| Run        | 1500     | U18   | F   | Howard      | Samantha   | Ballarat  |        | 5/12/2009  | 06:08.75 |
| Run        | 1500     | U14   | F   | Prendergast | Chloe      | Ballarat  |        | 17/10/2009 | 06:12.15 |
| Run        | 1500     | U14   | F   | Thomas      | Maddison   | Ballarat  |        | 17/10/2009 | 06:37.67 |
| Run        | 1500     | U14   | F   | Davies      | Catherine  | Ballarat  |        | 17/10/2009 | 07:31.52 |

| DISCIPLINE | DISTANCE | AGE   |     | SEX           | LAST NAME | FIRST NAME   | REGION | Date       | PERF     |
|------------|----------|-------|-----|---------------|-----------|--------------|--------|------------|----------|
|            |          | GROUP | SEX |               |           |              |        |            |          |
| Run        | 3000     | U18   | M   | Green         | Aaron     | Olympic Park |        | 9/12/2010  | 08:44.14 |
| Run        | 3000     | OP    | M   | Fenn          | Paul      | Ballarat     |        | 5/12/2009  | 09:06.10 |
| Run        | 3000     | OP    | M   | Van Raaphorst | Nicholas  | Ballarat     |        | 24/10/2009 | 09:21.21 |
| Run        | 3000     | OP    | M   | Tournier      | Simon     | Ballarat     |        | 14/11/2009 | 09:28.84 |
| Run        | 3000     | U18   | M   | Davis         | Alexander | Ballarat     |        | 24/10/2009 | 09:30.48 |
| Run        | 3000     | OP    | M   | Fahy          | Benjamin  | Ballarat     |        | 5/12/2009  | 09:37.90 |
| Run        | 3000     | OP    | M   | Pierce        | Michael   | Ballarat     |        | 24/10/2009 | 09:39.71 |
| Run        | 3000     | OP    | M   | Bourke        | Chris     | Ballarat     |        | 24/10/2009 | 09:42.00 |
| Run        | 3000     | U20   | M   | Rogers        | Ashley    | Ballarat     |        | 9/01/2010  | 10:01.40 |
| Run        | 3000     | 40+   | M   | Prendergast   | Maurice   | Ballarat     |        | 24/10/2009 | 10:10.06 |
| Run        | 3000     | U16   | M   | Aitken        | Jack      | Ballarat     |        | 10/10/2009 | 10:12.37 |
| Run        | 3000     | U18   | M   | Blood         | Matthew   | Ballarat     |        | 9/01/2010  | 10:17.20 |
| Run        | 3000     | U16   | M   | Reed Rogers   | Patrick   | Ballarat     |        | 5/12/2009  | 10:20.30 |
| Run        | 3000     | OP    | M   | Cowan         | Russel    | Ballarat     |        | 16/01/2010 | 10:31.84 |
| Run        | 3000     | 40+   | M   | Aitken        | Wayne     | Ballarat     |        | 24/10/2009 | 10:40.76 |
| Run        | 3000     | U20   | M   | Mcintyre      | Peter     | Ballarat     |        | 5/12/2009  | 10:49.40 |
| Run        | 3000     | U14   | M   | Hayes         | Jackson   | Ballarat     |        | 9/01/2010  | 11:03.40 |
| Run        | 3000     | U16   | M   | Darby         | Joshua    | Ballarat     |        | 12/12/2009 | 11:45.29 |
| Run        | 3000     | OP    | M   | Burnett       | Nicholas  | Ballarat     |        | 24/10/2009 | 11:45.46 |
| Run        | 3000     | 40+   | M   | Biggin        | Daryl     | Ballarat     |        | 10/10/2009 | 12:09.64 |

| DISCIPLINE | DISTANCE | AGE   |     | SEX         | FIRST NAME | LAST NAME | REGION | Date       | PERF     |
|------------|----------|-------|-----|-------------|------------|-----------|--------|------------|----------|
|            |          | GROUP | SEX |             |            |           |        |            |          |
| Run        | 3000     | U16   | F   | Meehan      | Lyra       | Ballarat  |        | 28/11/2009 | 11:02.22 |
| Run        | 3000     | OP    | F   | Nankervis   | Paula      | Ballarat  |        | 16/01/2010 | 12:02.64 |
| Run        | 3000     | 40+   | F   | Mirabella   | Belinda    | Ballarat  |        | 5/12/2009  | 12:17.50 |
| Run        | 3000     | U14   | F   | Mirabella   | Jemma      | Ballarat  |        | 12/12/2009 | 12:19.38 |
| Run        | 3000     | U16   | F   | Ryan        | Georgina   | Ballarat  |        | 24/10/2009 | 12:19.48 |
| Run        | 3000     | U18   | F   | Wood        | Rebecca    | Ballarat  |        | 14/11/2009 | 12:28.23 |
| Run        | 3000     | U14   | F   | Stimpson    | Rose       | Ballarat  |        | 24/10/2009 | 12:38.24 |
| Run        | 3000     | U16   | F   | Tucker      | Sara       | Ballarat  |        | 5/12/2009  | 12:55.40 |
| Run        | 3000     | U16   | F   | Tallent     | Rachel     | Ballarat  |        | 10/10/2009 | 13:02.85 |
| Run        | 3000     | U14   | F   | Tallent     | Ebony      | Ballarat  |        | 9/01/2010  | 14:02.90 |
| Run        | 3000     | U14   | F   | Prendergast | Chloe      | Ballarat  |        | 10/10/2009 | 14:24.66 |
| Run        | 3000     | U16   | F   | Prendergast | Sarah      | Ballarat  |        | 16/01/2010 | 14:47.31 |
| Run        | 3000     | U16   | F   | Howard      | Jessica    | Ballarat  |        | 24/10/2009 | 16:01.21 |
| Run        | 3000     | U18   | F   | Warren      | Sally      | Ballarat  |        | 24/10/2009 | 16:01.28 |
| Run        | 3000     | U14   | F   | Hayes       | Alannah    | Ballarat  |        | 12/12/2009 | 18:25.64 |
| Run        | 3000     | U14   | F   | Kawa        | Maddy      | Ballarat  |        | 12/12/2009 | 18:25.68 |

|     |      |     |   |             |          |          |            |          |
|-----|------|-----|---|-------------|----------|----------|------------|----------|
| Run | 3000 | U16 | M | Reed Rogers | Mitchell | Ballarat | 14/11/2009 | 12:13.44 |
| Run | 3000 | 40+ | M | Hayes       | Paul     | Ballarat | 24/10/2009 | 12:20.62 |
| Run | 3000 | 40+ | M | Jones       | Robert   | Ballarat | 5/12/2009  | 13:10.20 |
| Run | 3000 | U14 | M | Anderson    | Cameron  | Ballarat | 9/01/2010  | 13:17.60 |
| Run | 3000 | U14 | M | Blood       | Jason    | Ballarat | 9/01/2010  | 14:00.30 |
| Run | 3000 | U14 | M | Powell      | Coby     | Ballarat | 24/10/2009 | 16:01.24 |

|            |          | AGE   |     |               |            |          |            |          |  |
|------------|----------|-------|-----|---------------|------------|----------|------------|----------|--|
| DISCIPLINE | DISTANCE | GROUP | SEX | LAST NAME     | FIRST NAME | REGION   | Date       | PERF     |  |
| Run        | 5000     | OP    | M   | Nankervis     | Shane      | Ballarat | 9/01/2010  | 14:49.40 |  |
| Run        | 5000     | 40+   | M   | Moneghetti    | Stephen    | Ballarat | 9/01/2010  | 15:32.50 |  |
| Run        | 5000     | U20   | M   | Huggett       | Jamie      | Box Hill | 26/11/2009 | 15:39.56 |  |
| Run        | 5000     | OP    | M   | Van Raaphorst | Nicholas   | Ballarat | 9/01/2010  | 15:45.10 |  |
| Run        | 5000     | U16   | M   | Huggett       | Ben        | Ballarat | 10/10/2009 | 15:45.86 |  |
| Run        | 5000     | U18   | M   | Green         | Aaron      | Ballarat | 9/01/2010  | 15:50.40 |  |
| Run        | 5000     | OP    | M   | Tournier      | Simon      | Ballarat | 12/12/2009 | 16:05.06 |  |
| Run        | 5000     | OP    | M   | Bourke        | Chris      | Box Hill | 26/11/2009 | 16:14.92 |  |
| Run        | 5000     | U18   | M   | Davis         | Alexander  | Ballarat | 9/01/2010  | 16:25.30 |  |
| Run        | 5000     | OP    | M   | Fahy          | Benjamin   | Ballarat | 9/01/2010  | 16:55.90 |  |
| Run        | 5000     | OP    | M   | Pierce        | Michael    | Ballarat | 9/01/2010  | 17:04.50 |  |
| Run        | 5000     | 40+   | M   | Prendergast   | Maurice    | Ballarat | 9/01/2010  | 17:39.10 |  |
| Run        | 5000     | OP    | M   | Cowan         | Russel     | Ballarat | 28/11/2009 | 17:45.76 |  |
| Run        | 5000     | 40+   | M   | Hayes         | Paul       | Ballarat | 28/11/2009 | 19:45.31 |  |
| Run        | 5000     | U18   | M   | Blood         | Matthew    | Ballarat | 12/12/2009 | 19:48.78 |  |
| Run        | 5000     | OP    | M   | Burnett       | Nicholas   | Ballarat | 12/12/2009 | 20:37.51 |  |
| Run        | 5000     | 50+   | M   | Jones         | Robert     | Ballarat | 9/01/2010  | 21:22.70 |  |

|            |          | AGE   |     |             |           |          |            |          |  |
|------------|----------|-------|-----|-------------|-----------|----------|------------|----------|--|
| DISCIPLINE | DISTANCE | GROUP | SEX | FIRST NAME  | LAST NAME | REGION   | Date       | PERF     |  |
| Run        | 5000     | U18   | F   | Meehan      | Lyra      | Ballarat | 9/01/2010  | 19:09.90 |  |
| Run        | 5000     | U16   | F   | Tucker      | Sara      | Ballarat | 9/01/2010  | 20:44.60 |  |
| Run        | 5000     | 40+   | F   | Mirabella   | Belinda   | Ballarat | 12/12/2009 | 20:48.96 |  |
| Run        | 5000     | U18   | F   | Wood        | Rebecca   | Ballarat | 12/12/2009 | 20:49.81 |  |
| Run        | 5000     | OP    | F   | Nankervis   | Paula     | Ballarat | 12/12/2009 | 21:59.23 |  |
| Run        | 5000     | U16   | F   | Ryan        | Georgina  | Ballarat | 9/01/2010  | 22:42.90 |  |
| Run        | 5000     | U16   | F   | Prendergast | Sarah     | Ballarat | 10/10/2009 | 23:16.99 |  |
| Run        | 5000     | U18   | F   | Warren      | Sally     | Ballarat | 9/01/2010  | 24:51.60 |  |

|            |          | AGE   |     |              |            |            |           |          |  |
|------------|----------|-------|-----|--------------|------------|------------|-----------|----------|--|
| DISCIPLINE | DISTANCE | GROUP | SEX | LAST NAME    | FIRST NAME | REGION     | Date      | PERF     |  |
| Run        | 10000    | OP    | M   | VanRaaphorst | Nic        | Newborough | 24-Jan-10 | 32:18.90 |  |
| Run        | 10000    |       |     |              |            |            |           |          |  |
| Run        | 10000    |       |     |              |            |            |           |          |  |
| Run        | 10000    |       |     |              |            |            |           |          |  |

|            |          | AGE   |     |            |           |        |      |      |  |
|------------|----------|-------|-----|------------|-----------|--------|------|------|--|
| DISCIPLINE | DISTANCE | GROUP | SEX | FIRST NAME | LAST NAME | REGION | Date | PERF |  |
| Run        | 10000    | OP    | F   |            |           |        |      |      |  |

|            |          | AGE   |     |            |           |          |           |              |            |          |       |     |            |           |          |           |              |
|------------|----------|-------|-----|------------|-----------|----------|-----------|--------------|------------|----------|-------|-----|------------|-----------|----------|-----------|--------------|
| DISCIPLINE | DISTANCE | GROUP | SEX | FIRST NAME | LAST NAME | REGION   | Date      | PERF         | DISCIPLINE | DISTANCE | GROUP | SEX | FIRST NAME | LAST NAME | REGION   | Date      | PERF         |
| Hurdles    | 80       | U14   | F   | Orr        | Anika     | Ballarat | 9/01/2010 | 17.27 76.2cm | Hurdles    | 80       | U14   | F   | Davies     | Catherine | Ballarat | 5/12/2009 | 20.27 76.2cm |

|            |          | AGE   |     |            |           |          |           |              |            |          |       |     |            |           |          |            |              |
|------------|----------|-------|-----|------------|-----------|----------|-----------|--------------|------------|----------|-------|-----|------------|-----------|----------|------------|--------------|
| DISCIPLINE | DISTANCE | GROUP | SEX | FIRST NAME | LAST NAME | REGION   | Date      | PERF         | DISCIPLINE | DISTANCE | GROUP | SEX | FIRST NAME | LAST NAME | REGION   | Date       | PERF         |
| Hurdles    | 90       | U14   | M   | Anderson   | Cameron   | Ballarat | 9/01/2010 | 19.83 76.2cm | Hurdles    | 90       | U16   | F   | Orr        | Anika     | Ballarat | 30/01/2010 | 19.11 76.2cm |
|            |          |       |     |            |           |          |           |              | Hurdles    | 90       | U16   | F   | Lewis      | Britt     | Ballarat | 30/01/2010 | 20.85 76.2cm |
|            |          |       |     |            |           |          |           |              | Hurdles    | 90       | U16   | F   | Holloway   | Alanah    | Ballarat | 30/01/2010 | 22.62 76.2cm |

|            |          | AGE   |     |           |            |          |            |       |            |          |       |     |            |           |          |           |              |
|------------|----------|-------|-----|-----------|------------|----------|------------|-------|------------|----------|-------|-----|------------|-----------|----------|-----------|--------------|
| DISCIPLINE | DISTANCE | GROUP | SEX | LAST NAME | FIRST NAME | REGION   | Date       | PERF  | DISCIPLINE | DISTANCE | GROUP | SEX | FIRST NAME | LAST NAME | REGION   | Date      | PERF         |
| Hurdles    | 100      | U14   | M   | Hayes     | Jackson    | Ballarat | 30/01/2010 | 20.27 | Hurdles    | 100      | OP    | F   | Mills      | Carly     | Ballarat | 5/12/2009 | 19.36 76.2cm |
| Hurdles    | 100      | U14   | M   | Anderson  | Cameron    | Ballarat | 30/01/2010 | 25.26 | Hurdles    | 100      | U14   | F   | Lewis      | Britt     | Ballarat | 9/01/2010 | 22.30 76.2cm |
|            |          |       |     |           |            |          |            |       | Hurdles    | 100      | U16   | F   | Holloway   | Stephanie | Ballarat | 5/12/2009 | 22.31 76.2cm |
|            |          |       |     |           |            |          |            |       | Hurdles    | 100      | U16   | F   | Howard     | Jessica   | Ballarat | 9/01/2010 | 22.41 76.2cm |
|            |          |       |     |           |            |          |            |       | Hurdles    | 100      | U18   | F   | Howard     | Samantha  | Ballarat | 5/12/2009 | 23.61 76.2cm |

|            |          | AGE   |     |            |           |          |            |              |            |          |       |     |            |           |          |            |                 |
|------------|----------|-------|-----|------------|-----------|----------|------------|--------------|------------|----------|-------|-----|------------|-----------|----------|------------|-----------------|
| DISCIPLINE | DISTANCE | GROUP | SEX | FIRST NAME | LAST NAME | REGION   | Date       | PERF         | DISCIPLINE | DISTANCE | GROUP | SEX | FIRST NAME | LAST NAME | REGION   | Date       | PERF            |
| Hurdles    | 200      | U14   | M   | Hayes      | Jackson   | Ballarat | 12/12/2009 | 38.40 76.2cm | Hurdles    | 200      | U14   | F   | Orr        | Anika     | Ballarat | 12/12/2009 | 40.91 76.2cm    |
| Hurdles    | 200      | U16   | M   | Darby      | Joshua    | Ballarat | 16/01/2010 | 39.44 76.2cm | Hurdles    | 200      | U14   | F   | Holloway   | Alanah    | Ballarat | 12/12/2009 | 41.48 76.2cm    |
| Hurdles    | 200      | U14   | M   | Anderson   | Cameron   | Ballarat | 12/12/2009 | 43.54 76.2cm | Hurdles    | 200      | U14   | F   | Davies     | Catherine | Ballarat | 12/12/2009 | 46.43 76.2cm    |
|            |          |       |     |            |           |          |            |              | Hurdles    | 200      | U16   | F   | Tallent    | Ebony     | Ballarat | 12/12/2009 | 01:00.33 76.2cm |

|            |          | AGE   |     |           |            |          |            |                 |            |          |       |     |            |           |          |            |                 |
|------------|----------|-------|-----|-----------|------------|----------|------------|-----------------|------------|----------|-------|-----|------------|-----------|----------|------------|-----------------|
| DISCIPLINE | DISTANCE | GROUP | SEX | LAST NAME | FIRST NAME | REGION   | Date       | PERF            | DISCIPLINE | DISTANCE | GROUP | SEX | FIRST NAME | LAST NAME | REGION   | Date       | PERF            |
| Hurdles    | 400      | U18   | M   | Green     | Aaron      | Ballarat | 12/12/2009 | 01:02.60 91.4cm | Hurdles    | 400      | U16   | F   | Howard     | Jessica   | Ballarat | 24/10/2009 | 01:28.70 76.2cm |
| Hurdles    | 400      | U20   | M   | Rogers    | Ashley     | Ballarat | 24/10/2009 | 01:05.23 91.4cm | Hurdles    | 400      | U16   | F   | Holloway   | Stephanie | Ballarat | 10/10/2009 | 01:29.20 76.2cm |
| Hurdles    | 400      | Op    | M   | Gibb      | Samuel     | Ballarat | 12/12/2009 | 01:07.64 91.4cm | Hurdles    | 400      | U18   | F   | Howard     | Samantha  | Ballarat | 16/01/2010 | 01:32.60 76.2cm |
| Hurdles    | 400      | U18   | M   | Blood     | Matthew    | Ballarat | 24/10/2009 | 01:09.36 91.4cm |            |          |       |     |            |           |          |            |                 |
| Hurdles    | 400      | Op    | M   | Grigg     | David      | Ballarat | 12/12/2009 | 01:17.36 91.4cm |            |          |       |     |            |           |          |            |                 |
| Hurdles    | 400      | Op    | M   | Burnett   | Nicholas   | Ballarat | 16/01/2010 | 01:31.70 91.4cm |            |          |       |     |            |           |          |            |                 |
| Hurdles    | 400      | U18   | M   | Blood     | Matthew    | Ballarat | 12/12/2009 | 01:18.45 84cm   |            |          |       |     |            |           |          |            |                 |

|            |          | AGE   |     |           |            |          |            |                 |            |          |       |     |            |           |          |            |          |
|------------|----------|-------|-----|-----------|------------|----------|------------|-----------------|------------|----------|-------|-----|------------|-----------|----------|------------|----------|
| DISCIPLINE | DISTANCE | GROUP | SEX | LAST NAME | FIRST NAME | REGION   | Date       | PERF            | DISCIPLINE | DISTANCE | GROUP | SEX | FIRST NAME | LAST NAME | REGION   | Date       | PERF     |
| Steeple    | 2000     | U18   | M   | Blood     | Matthew    | Ballarat | 30/01/2010 | 07:38.84 91.4cm | Steeple    | 2000     | U16   | F   | Howard     | Jessica   | Ballarat | 17/10/2009 | 09:17.90 |
| Steeple    | 2000     | U16   | M   | Aitken    | Jack       | Ballarat | 21/11/2009 | 07:25.83 76.2cm | Steeple    | 2000     | U14   | F   | Tallent    | Ebony     | Ballarat | 31/10/2009 | 10:29.26 |
| Steeple    | 2000     | U16   | M   | Darby     | Joshua     | Ballarat | 21/11/2009 | 08:06.19 76.2cm | Steeple    | 2000     | U16   | F   | Kawa       | Emily     | Ballarat | 31/10/2009 | 11:00.50 |
| Steeple    | 2000     | U14   | M   | Hayes     | Jackson    | Ballarat | 17/10/2009 | 08:51.31 76.2cm | Steeple    | 2000     | U14   | F   | Lewis      | Britt     | Ballarat | 31/10/2009 | 11:49.20 |
| Steeple    | 2000     | U16   | M   | Hayes     | Jayden     | Ballarat | 17/10/2009 | 09:21.24 76.2cm | Steeple    | 2000     | U14   | F   | Holloway   | Alanah    | Ballarat | 30/01/2010 | 12:23.72 |
| Steeple    | 2000     | U14   | M   | Anderson  | Cameron    | Ballarat | 17/10/2009 | 09:29.88 76.2cm | Steeple    | 2000     | U14   | F   | Hayes      | Alannah   | Ballarat | 31/10/2009 | 12:32.24 |
| Steeple    | 2000     | U14   | M   | Blood     | Jason      | Ballarat | 17/10/2009 | 11:10.67 76.2cm | Steeple    | 3000     | U14   | F   | Kawa       | Maddy     | Ballarat | 31/10/2009 | 12:32.25 |
|            |          |       |     |           |            |          |            |                 | Steeple    | 3000     | U14   | F   | Davies     | Catherine | Ballarat | 31/10/2009 | 12:58.41 |



| AGE        |           |       |     |           |            |          |            |       |
|------------|-----------|-------|-----|-----------|------------|----------|------------|-------|
| DISCIPLINE | IMPLEMENT | GROUP | SEX | LAST NAME | FIRST NAME | REGION   | Date       | PERF  |
| Hammer     | 7.26KG    | OP    | M   | Lynch     | David      | Ballarat | 12/12/2009 | 42.43 |
| Hammer     | 7.26KG    | OP    | M   | Blood     | Timothy    | Ballarat | 16/01/2010 | 18.22 |
| Hammer     | 7.26KG    | OP    | M   | Blood     | Andrew     | Ballarat | 16/01/2010 | 15.20 |
| Hammer     | 7.26KG    | OP    | M   | Burnett   | Nicholas   | Ballarat | 12/12/2009 | 14.61 |
| Hammer     | 7.26KG    | OP    | M   | Blunden   | Luke       | Ballarat | 14/11/2009 | 13.36 |
| Hammer     | 7.26KG    | 40+   | M   | Hayes     | Paul       | Ballarat | 28/11/2009 | 8.66  |
| Hammer     | 5kg       | U18   | M   | Blood     | Matthew    | Ballarat | 14/11/2009 | 10.92 |
| Hammer     | 5kg       | U14   | M   | Hayes     | Jackson    | Ballarat | 24/10/2009 | 18.14 |

| AGE        |           |       |     |            |           |          |            |       |
|------------|-----------|-------|-----|------------|-----------|----------|------------|-------|
| DISCIPLINE | IMPLEMENT | GROUP | SEX | FIRST NAME | LAST NAME | REGION   | Date       | PERF  |
| Hammer     | 4KG       | OP    | F   | Thomas     | Donna     | Ballarat | 24/10/2009 | 22.14 |
| Hammer     | 4KG       | OP    | F   | Kawa       | Leesa     | Ballarat | 12/12/2009 | 20.18 |
| Hammer     | 4KG       | U18   | F   | Howard     | Samantha  | Ballarat | 16/01/2010 | 13.19 |
| Hammer     | 4KG       | U14   | F   | Kawa       | Maddy     | Ballarat | 12/12/2009 | 8.41  |

| AGE        |           |       |     |               |             |          |            |      |
|------------|-----------|-------|-----|---------------|-------------|----------|------------|------|
| DISCIPLINE | IMPLEMENT | GROUP | SEX | LAST NAME     | FIRST NAME  | REGION   | Date       | PERF |
| High Jump  |           | U18   | M   | Green         | Aaron       | Ballarat | 14/11/2009 | 1.80 |
| High Jump  |           | OP    | M   | Mckenna       | Matt        | Ballarat | 16/01/2010 | 1.55 |
| High Jump  |           | U18   | M   | Davis         | Alexander   | Ballarat | 12/12/2009 | 1.55 |
| High Jump  |           | OP    | M   | Van Raaphorst | Nicholas    | Ballarat | 14/11/2009 | 1.50 |
| High Jump  |           | OP    |     | Grigg         | David       | Ballarat | 12/12/2009 | 1.45 |
| High Jump  |           | U18   |     | Blood         | Matthew     | Ballarat | 16/01/2010 | 1.40 |
| High Jump  |           | OP    |     | Burnett       | Nicholas    | Ballarat | 24/10/2009 | 1.35 |
| High Jump  |           | OP    |     | De Winter     | Christopher | Ballarat | 24/10/2009 | 1.35 |
| High Jump  |           | U14   |     | Anderson      | Cameron     | Ballarat | 12/12/2009 | 1.25 |
| High Jump  |           | U14   |     | Hayes         | Jackson     | Ballarat | 24/10/2009 | 1.20 |
| High Jump  |           | 40+   |     | Prendergast   | Maurice     | Ballarat | 24/10/2009 | 1.15 |
| High Jump  |           | U14   |     | Blood         | Jason       | Ballarat | 16/01/2010 | 1.00 |

| AGE        |           |       |     |            |           |          |            |      |
|------------|-----------|-------|-----|------------|-----------|----------|------------|------|
| DISCIPLINE | IMPLEMENT | GROUP | SEX | FIRST NAME | LAST NAME | REGION   | Date       | PERF |
| High Jump  |           | U16   | F   | Holloway   | Stephanie | Ballarat | 10/10/2009 | 1.30 |
| High Jump  |           | U18   | F   | Meehan     | Lyra      | Ballarat | 12/12/2009 | 1.30 |
| High Jump  |           | U14   | F   | Lewis      | Britt     | Ballarat | 16/01/2010 | 1.00 |
| High Jump  |           | U16   | F   | Howard     | Jessica   | Ballarat | 16/01/2010 | 1.00 |
| High Jump  |           | U18   | F   | Howard     | Samantha  | Ballarat | 16/01/2010 | 1.00 |

| AGE        |           |       |     |           |            |          |            |       |
|------------|-----------|-------|-----|-----------|------------|----------|------------|-------|
| DISCIPLINE | IMPLEMENT | GROUP | SEX | LAST NAME | FIRST NAME | REGION   | Date       | PERF  |
| Javelin    | 800g      | OP    | M   | Lynch     | David      | Geelong  | 30/01/2010 | 47.64 |
| Javelin    | 800g      | OP    | M   | Fenn      | Paul       | Ballarat | 21/11/2009 | 29.22 |
| Javelin    | 800g      | OP    | M   | Blunden   | Luke       | Ballarat | 17/10/2009 | 22.53 |
| Javelin    | 800g      | OP    | M   | Hayes     | Paul       | Ballarat | 31/10/2009 | 14.09 |
| Javelin    | 800g      | OP    | M   | Burnett   | Nicholas   | Ballarat | 31/10/2009 | 13.14 |
| Javelin    | 700g      | U18   | M   | Blood     | Matthew    | Ballarat | 17/10/2009 | 25.69 |
| Javelin    | 700g      | U14   | M   | Hayes     | Jackson    | Ballarat | 17/10/2009 | 17.05 |
| Javelin    | 700g      | U16   | M   | Hayes     | Jayden     | Ballarat | 17/10/2009 | 6.95  |
| Javelin    | 600g      | U14   | M   | Hayes     | Jackson    | Ballarat | 30/01/2010 | 21.37 |
| Javelin    | 600g      | U14   | M   | Blood     | Jason      | Ballarat | 30/01/2010 | 11.88 |

| AGE        |           |       |     |             |           |          |            |       |
|------------|-----------|-------|-----|-------------|-----------|----------|------------|-------|
| DISCIPLINE | IMPLEMENT | GROUP | SEX | FIRST NAME  | LAST NAME | REGION   | Date       | PERF  |
| Javelin    | 600g      | U16   | F   | Tucker      | Sara      | Ballarat | 5/12/2009  | 14.14 |
| Javelin    | 600g      | U18   | F   | Meehan      | Lyra      | Ballarat | 31/10/2009 | 13.80 |
| Javelin    | 600g      | U14   | F   | Kawa        | Leesa     | Ballarat | 21/11/2009 | 13.10 |
| Javelin    | 600g      | U14   | F   | Holloway    | Alanah    | Ballarat | 21/11/2009 | 11.80 |
| Javelin    | 600g      | U16   | F   | Prendergast | Sarah     | Ballarat | 30/01/2010 | 10.66 |
| Javelin    | 600g      | U14   | F   | Tallent     | Ebony     | Ballarat | 17/10/2009 | 8.67  |
| Javelin    | 600g      | U16   | F   | Holloway    | Stephanie | Ballarat | 21/11/2009 | 8.23  |
| Javelin    | 600g      | U18   | F   | Howard      | Samantha  | Ballarat | 21/11/2009 | 7.61  |
| Javelin    | 600g      | U16   | F   | Ryan        | Georgina  | Ballarat | 31/10/2009 | 6.38  |
| Javelin    | 600g      | U16   | F   | Howard      | Jessica   | Ballarat | 9/01/2010  | 3.51  |
| Javelin    | 400g      | U14   | F   | Kawa        | Maddy     | Ballarat | 21/11/2009 | 3.94  |

| AGE        |           |       |     |           |            |          |            |      |
|------------|-----------|-------|-----|-----------|------------|----------|------------|------|
| DISCIPLINE | IMPLEMENT | GROUP | SEX | LAST NAME | FIRST NAME | REGION   | Date       | PERF |
| Long Jump  |           | OP    | M   | Mckenna   | Matt       | Ballarat | 16/01/2010 | 5.70 |
| Long Jump  |           | OP    | M   | Gibb      | Samuel     | Ballarat | 12/12/2009 | 5.42 |
| Long Jump  |           | OP    | M   | Grigg     | David      | Ballarat | 16/01/2010 | 5.23 |
| Long Jump  |           | U20   | M   | Wiggins   | Leighton   | Ballarat | 12/12/2009 | 5.12 |
| Long Jump  |           | U20   | M   | Rogers    | Ashley     | Ballarat | 10/10/2009 | 5.06 |
| Long Jump  |           | U18   | M   | Hannon    | Samuel     | Ballarat | 12/12/2009 | 4.39 |
| Long Jump  |           | OP    | M   | Burnett   | Nicholas   | Ballarat | 24/10/2009 | 4.25 |
| Long Jump  |           | U18   | M   | Blood     | Matthew    | Ballarat | 24/10/2009 | 4.10 |
| Long Jump  |           | U16   | M   | Darby     | Joshua     | Ballarat | 12/12/2009 | 4.10 |
| Long Jump  |           | U14   | M   | Hayes     | Jackson    | Ballarat | 12/12/2009 | 3.91 |
| Long Jump  |           | U14   | M   | Powell    | Coby       | Ballarat | 10/10/2009 | 3.77 |
| Long Jump  |           | U14   | M   | Blood     | Jason      | Ballarat | 10/10/2009 | 3.76 |
| Long Jump  |           | U14   | M   | Anderson  | Cameron    | Ballarat | 10/10/2009 | 3.72 |

| AGE        |           |       |     |             |           |          |            |      |
|------------|-----------|-------|-----|-------------|-----------|----------|------------|------|
| DISCIPLINE | IMPLEMENT | GROUP | SEX | FIRST NAME  | LAST NAME | REGION   | Date       | PERF |
| Long Jump  |           | U16   | F   | Howard      | Jessica   | Ballarat | 10/10/2009 | 4.20 |
| Long Jump  |           | U14   | F   | Orr         | Anika     | Ballarat | 12/12/2009 | 4.01 |
| Long Jump  |           | OP    | F   | Mills       | Carly     | Ballarat | 24/10/2009 | 3.93 |
| Long Jump  |           | U14   | F   | Prendergast | Chloe     | Ballarat | 14/11/2009 | 3.88 |
| Long Jump  |           | U18   | F   | Howard      | Samantha  | Ballarat | 16/01/2010 | 3.84 |
| Long Jump  |           | U14   | F   | Stimpson    | Rose      | Ballarat | 24/10/2009 | 3.80 |
| Long Jump  |           | U16   | F   | Lewis       | Britt     | Ballarat | 14/11/2009 | 3.77 |
| Long Jump  |           | U14   | F   | Davies      | Catherine | Ballarat | 28/11/2009 | 3.75 |
| Long Jump  |           | U16   | F   | Holloway    | Stephanie | Ballarat | 10/10/2009 | 3.69 |
| Long Jump  |           | U16   | F   | Tucker      | Sara      | Ballarat | 14/11/2009 | 3.66 |
| Long Jump  |           | U14   | F   | Holloway    | Alanah    | Ballarat | 14/11/2009 | 3.64 |
| Long Jump  |           | U18   | F   | Meehan      | Lyra      | Ballarat | 10/10/2009 | 3.58 |
| Long Jump  |           | U16   | F   | Kawa        | Emily     | Ballarat | 12/12/2009 | 3.58 |
| Long Jump  |           | U16   | F   | Prendergast | Sarah     | Ballarat | 10/10/2009 | 3.26 |
| Long Jump  |           | U14   | F   | Tallent     | Ebony     | Ballarat | 24/10/2009 | 3.20 |
| Long Jump  |           | 40+   | F   | Kawa        | Leesa     | Ballarat | 12/12/2009 | 3.06 |
| Long Jump  |           | U16   | F   | Tallent     | Rachel    | Ballarat | 12/12/2009 | 3.02 |
| Long Jump  |           | U14   | F   | Hayes       | Alannah   | Ballarat | 16/01/2010 | 2.85 |
| Long Jump  |           | U14   | F   | Kawa        | Maddy     | Ballarat | 12/12/2009 | 2.74 |

| AGE        |           |       |     |               |             |          |            |       |
|------------|-----------|-------|-----|---------------|-------------|----------|------------|-------|
| DISCIPLINE | IMPLEMENT | GROUP | SEX | LAST NAME     | FIRST NAME  | REGION   | Date       | PERF  |
| Shot Put   | 7.26kg    | OP    | M   | De Winter     | Christopher | Ballarat | 24/10/2009 | 7.31  |
| Shot Put   | 7.26kg    | OP    | M   | Blood         | Timothy     | Ballarat | 16/01/2010 | 7.09  |
| Shot Put   | 7.26kg    | OP    | M   | Bourke        | Chris       | Ballarat | 12/12/2009 | 6.65  |
| Shot Put   | 7.26kg    | OP    | M   | Blunden       | Luke        | Ballarat | 10/10/2009 | 6.39  |
| Shot Put   | 7.26kg    | OP    | M   | Blood         | Andrew      | Ballarat | 24/10/2009 | 5.98  |
| Shot Put   | 7.26kg    | OP    | M   | Van Raaphorst | Nicholas    | Ballarat | 14/11/2009 | 5.86  |
| Shot Put   | 7.26kg    | OP    | M   | Burnett       | Nicholas    | Ballarat | 12/12/2009 | 5.49  |
| Shot Put   | 7.26kg    | 40+   | M   | Hayes         | Paul        | Ballarat | 12/12/2009 | 4.72  |
| Shot Put   | 6kg       | 40+   | M   | Lynch         | David       | Ballarat | 10/10/2009 | 11.36 |
| Shot Put   | 6kg       | 40+   | M   | Biggin        | Daryl       | Ballarat | 10/10/2009 | 7.49  |
| Shot Put   | 6kg       | 40+   | M   | Prendergast   | Maurice     | Ballarat | 12/12/2009 | 7.31  |
| Shot Put   | 6kg       | 40+   | M   | Aitken        | Wayne       | Ballarat | 12/12/2009 | 5.60  |
| Shot Put   | 5kg       | U18   | M   | Blood         | Matthew     | Ballarat | 10/10/2009 | 8.50  |
| Shot Put   | 5kg       | U18   | M   | Reed Rogers   | Mitchell    | Ballarat | 16/01/2010 | 5.05  |
| Shot Put   | 4kg       | U16   | M   | Darby         | Joshua      | Ballarat | 28/11/2009 | 7.62  |
| Shot Put   | 4kg       | U16   | M   | Stowe         | Jack        | Ballarat | 10/10/2009 | 6.36  |
| Shot Put   | 3kg       | U14   | M   | Baker         | Callum      | Ballarat | 14/11/2009 | 13.63 |
| Shot Put   | 3kg       | U14   | M   | Hayes         | Jackson     | Ballarat | 10/10/2009 | 8.44  |
| Shot Put   | 3kg       | U14   | M   | Blood         | Jason       | Ballarat | 28/11/2009 | 5.43  |
| Shot Put   | 3kg       | U14   | M   | Powell        | Coby        | Ballarat | 24/10/2009 | 4.87  |

| AGE        |           |       |     |             |           |          |            |      |
|------------|-----------|-------|-----|-------------|-----------|----------|------------|------|
| DISCIPLINE | IMPLEMENT | GROUP | SEX | FIRST NAME  | LAST NAME | REGION   | Date       | PERF |
| Shot Put   | 40+       | 4KG   | F   | Kawa        | Leesa     | Ballarat | 14/11/2009 | 6.94 |
| Shot Put   | U16       | 4KG   | F   | Holloway    | Stephanie | Ballarat | 14/11/2009 | 5.73 |
| Shot Put   | U14       | 4KG   | F   | Holloway    | Alanah    | Ballarat | 14/11/2009 | 5.40 |
| Shot Put   | U18       | 4KG   | F   | Howard      | Samantha  | Ballarat | 16/01/2010 | 5.04 |
| Shot Put   | U16       | 4KG   | F   | Kawa        | Emily     | Ballarat | 14/11/2009 | 4.98 |
| Shot Put   | U14       | 4KG   | F   | Lewis       | Britt     | Ballarat | 14/11/2009 | 4.95 |
| Shot Put   | U16       | 4KG   | F   | Tallent     | Rachel    | Ballarat | 24/10/2009 | 4.81 |
| Shot Put   | U14       | 4KG   | F   | Tallent     | Ebony     | Ballarat | 24/10/2009 | 4.74 |
| Shot Put   | U16       | 4KG   | F   | Howard      | Jessica   | Ballarat | 12/12/2009 | 4.40 |
| Shot Put   | U16       | 4KG   | F   | Prendergast | Sarah     | Ballarat | 14/11/2009 | 3.63 |
| Shot Put   | U16       | 4KG   | F   | Ryan        | Georgina  | Ballarat | 10/10/2009 | 2.69 |
| Shot Put   | U14       | 3KG   | F   | Orr         | Anika     | Ballarat | 12/12/2009 | 6.82 |
| Shot Put   | U14       | 3KG   | F   | Davies      | Catherine | Ballarat | 10/10/2009 | 6.04 |
| Shot Put   | U14       | 3KG   | F   | Kawa        | Maddy     | Ballarat | 14/11/2009 | 5.68 |
| Shot Put   | U14       | 3KG   | F   | Hayes       | Alannah   | Ballarat | 16/01/2010 | 4.09 |



